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R. Blagojevich, Governor



Illinois Department on Aging
Charles D. Johnson, Director

Community Care Program

...helping older adults
live independently



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Illinois Department
on Aging



Community Care Program

...helping older adults
live independently

Are you wondering how to find the specific services that will help you or a loved one remain at home?

The Illinois Department on Aging would like you to know that help is offered through the Community Care Program (CCP). This program is designed to assist you in remaining more independent, in your own home, and to keep you out of a nursing home, as long as nursing home placement is not necessary for you. There is an agency, called a case coordination unit, in your community that is knowledgeable about available CCP services.

Case Coordination Unit

The Case Coordination Unit will send a Case Manager to your home at no cost to discuss your needs and to determine whether you qualify for the Community Care Program. Services provided through the Community Care Program include ***Homemaker, Adult Day Services***, and, in some areas of the State, ***Senior Companion***.

If you qualify for CCP, the Case Coordination Unit will work with you to determine your needs, set up services that are appropriate for you, and keep in touch with you to make sure the services continue to meet your needs.

Homemaker

Homemakers are available to dust, vacuum, clean the kitchen and bathroom, do laundry or prepare meals for older adults who are limited in performing basic household tasks themselves. Homemakers also assist with personal care, such as grooming and bathing, for older adults who are moderately impaired. Assistance is also available for more complex tasks, such as meal planning and household supervision, for older adults who have difficulty managing these activities.

Adult Day Services

Adult Day Services offer older adults the opportunity to interact with other people in a supervised setting outside their home. Adult Day Service centers offer a wide range of social activities. A noon meal is provided and participants may enjoy everything from arts and crafts to card games and current event classes. Some centers also offer counseling and physical therapy with trained professionals. Additionally, Adult Day Service centers

can serve the needs of family members who may need respite from caregiving responsibilities or who may work outside the home during the day. In select Adult Day Service centers funded by the Illinois Department on Aging, specialized services are offered for individuals who suffer from Alzheimer's disease or related disorders.

Senior Companion

Senior Companions are volunteers who provide companionship and assistance when an older adult cannot be left alone for long periods of time. The service not only provides the person with a new friend of about the same age, but also provides respite for a caregiver.

Eligibility

You are eligible for Community Care Program services if:

- you are age 60 or older;
- you are determined physically in need of service, meaning you are at least moderately impaired;
- you are a resident of the state of Illinois;
- you are a U.S. citizen or legal alien;
- you meet the asset requirements, which will be explained to you when the Case Manager comes to your home; *and*
- you apply for medical benefits.

Cost

If you meet the eligibility requirements and if your family income is below the federal poverty level, the State will pay the entire cost of service; you will not be charged a fee.

If your family income is above the federal poverty level, the State may still pay part of the cost of service. Your share of the cost will depend upon (1) your level of impairment, (2) the cost of care and (3) the number of people in your family who will receive Community Care Program services.

To Apply

For information and referral to the appropriate local agency, call the toll-free Senior HelpLine:

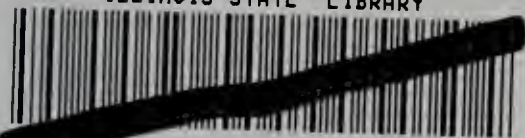
1-800-252-8966

1-888-206-1327 (TTY)

Monday through Friday,

8:30 a.m. to 5:00 p.m.

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Illinois Department on Aging

421 E. Capitol Avenue, #100

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FAX: 1-217-785-4477

www.state.il.us/aging

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966, 1-888-206-1327 (TTY).

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